



# HOW TO TAKE UP A HEM

## YOU WILL NEED:

- Garment
- Pin, needle & thread/sewing machine
- Measuring tape/ruler
- Chalk
- Fabric scissors
- Iron (Optional)



## STEP 1. TRY ON YOUR GARMENT

Try on your garment and pin where you would like it to be taken up to. Mark the new finishing line at the fold with a safety pin.



## STEP 2. MEASURE

Measure the distance from the bottom of your garment up to your safety pin.



## STEP 3. TAKE A LOOK

Take a look at the existing hem of your garment and measure the seam allowance. In the example, the allowance is 3cm.



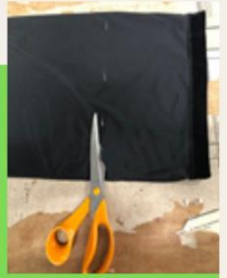
## STEP 4. CALCULATE & MARK

Minus the seam allowance from the measurement from the bottom of your garment to your safety pin marker. In the example, 21cm from the safety pin minus 3cm allowance means cutting from 18cm. Mark all the way round your garment at required measurement.



## STEP 5. CUT

Using your marks as a guide, cut the garment.



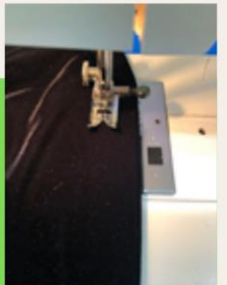
## STEP 6. IRON/PRESS

Iron/press your seam allowance up at the required measurement and pin in place. N.B. You should never press your garment after you have pinned it as the pins will leave a permanent mark.



## STEP 7. STITCH

Using a machine or a needle and thread, stitch your hem into place, replicating the style of stitching on the original hem.



It is recommended to always take safety precautions when performing crafts and activities. Always follow the labels of the materials and supplies used. My Waste Ireland shall not be held responsible for any damages as a result of any activities contained with this website.

Always use judgment on age-appropriateness and do not let children under 3 participate with any small materials or supplies that could pose a choking hazard. It is recommended that all activities and crafts be performed only under adult supervision.

