

# What food waste CAN I recycle?



- **Raw and cooked** food
- Meat, poultry, fish and bones
- Leftover food and plate scrapings
- Fruit and vegetable peelings
- Gone off fruit & vegetables
- Tea bags, coffee grounds and paper filters
- Bread, cakes, biscuits
- Rice, pasta and cereals
- Dairy products such as cheese, butter and yogurts
- Soups and sauces
- Eggs and eggshells
- Soiled paper napkins and kitchen roll
- Small amounts of newspapers, if used to wrap food in
- Any out-of-date foods – remember to remove the packaging



Raw & cooked food



Eggshells



Fruit & veg



Meat & fish



Dairy products



Bread



Kitchen roll/tissue



Coffee grounds and tea bags

\*Some waste collectors accept grass clippings and small amounts of garden waste. Contact your waste collector to find out if you can add these items to your food waste recycling bin.



Rialtas na hÉireann  
Government of Ireland

**mywaste.ie**

Recycling food waste is a positive climate action

For more information, visit Ireland's Official Guide to Waste Management [www.mywaste.ie](http://www.mywaste.ie)